

পশ্চিমবঙ্গ সরকারের শিক্ষা দপ্তর এর  
আদেশনামা অনুসারে ছাত্র-ছাত্রীদের  
নিম্নলিখিত নিয়মাবলী স্কুলের মধ্যে মেনে  
চলতে হবে।

### ঃ নিয়মাবলী ঃ

- ১) মাস্ক ছাড়া বিদ্যালয়ে প্রবেশ করবে না।
- ২) করোনার উপসর্গ (জ্বর, হাঁচি, কাশি, স্বাদ-গন্ধ না পওয়া)  
থাকলে বিদ্যালয়ে প্রবেশ করবে না।
- ৩) প্রত্যেক ছাত্র-ছাত্রীর জলের বোতল, স্যানিটাইজার এবং  
টিফিন নিয়ে বিদ্যালয়ে আসা বাধ্যতামূলক।
- ৪) জলের বোতল, টিফিন, শিখন সামগ্রী কোন ছাত্র-ছাত্রী  
নিজেদের মধ্যে বিনিময় করবে না।
- ৫) একমাত্র নবম, দশম, একাদশ ও দ্বাদশ শ্রেণীর ছাত্র /  
ছাত্রীরা বিদ্যালয়ে প্রবেশ করতে পারবে।
- ৬) পঞ্চম, ষষ্ঠ, সপ্তম ও অষ্টম শ্রেণীর ছাত্রদের সরকারি  
নির্দেশ না আসা পর্যন্ত বিদ্যালয়ে প্রবেশ করবে না।
- ৭) বিদ্যালয়ে খেলাধুলা কঠোর ভাবে নিষিদ্ধ।
- ৮) বিদ্যালয়ে প্রবেশের পর ছুটি না হওয়া পর্যন্ত বিদ্যালয়ের  
বাইরে বেরোনো যাবে না।

আদেশানুসারে  
প্রধান শিক্ষক

- ▶▶ Special care shall be taken for children who have not been able to follow online classes till date. If required, extra time to be given for any activities to be done during sessions for the such students including students with special needs.
- ▶▶ Extra sessions as required shall have to be planned for students with special needs in consultation with special educators.
- ▶▶ Parental support is very important – Teachers have to actively liaison with parents.
- ▶▶ Teacher in the classroom shall keep watch on whether any student not wearing the mask properly. In such an event (s)he shall instantly advise the student to wear the mask properly and stop mishandling it.
- ▶▶ Teachers need to be more patient and empathetic toward the student as many will still be in a lockdown state of mind and hate to return to studies.
- ▶▶ Teachers shall not ask for leaves unless under extreme emergency. It must be remembered that the shortfall must be recovered within an unchanged schedule maintaining all measures against COVID 19.



## 5.4 ROLE OF GUARDIANS

- ▶▶ Guardians should attend the orientation meeting at school and abide by the directions issued.
- ▶▶ Guardians must guide their ward in complying with COVID protocol at school and home.
- ▶▶ Guardians must themselves wear mask and maintain social distance while accompanying their ward to and from school.
- ▶▶ Hand washing habit must be taught and practiced at home.
- ▶▶ Guardians must help wards with their homework and assignments, if possible.
- ▶▶ Guardians must maintain constant liaison with teachers / special educators.
- ▶▶ Guardians must monitor that the Dos the Don'ts prescribed for children at the school are followed.
- ▶▶ Guardians must ensure that social distancing norms and wearing of masks are followed all the time during journey from home to school and back.



## 5.5 ROLE OF STUDENTS

- ▶ Wear mask. Use of gloves and cap is optional.
- ▶ Avoid wearing metal accessories like rings, chains, bangles and amulets.
- ▶ To wash your hand frequently with soap and water, or may use sanitizer, if available.
- ▶ Carry your own water bottle.
- ▶ Use shoe and socks so that bare foot does not touch the ground.
- ▶ Maintain social distance everywhere. No one should be within one meter from you.
- ▶ Do not come to school if you are having fever, cold or any other ailment.
- ▶ Wash hands with soap properly after entering school as guided by your teachers.
- ▶ Do not touch your face with hand anytime unless it is washed clean.
- ▶ Do not form close clusters with friends.
- ▶ Do not share exercise books, copies, bags, or any other belonging of your friend.
- ▶ Do not share food or drinking water with your friend or anyone.
- ▶ Do sit at your assigned place as directed by the teacher.
- ▶ Learn about COVID protocol attentively and follow the same in day to day life.
- ▶ Do not panic.
- ▶ Spread awareness amongst your relatives at home.
- ▶ Bring own water bottle.
- ▶ Do not leave the school premises until the end of school.
- ▶ Do not rush or fight.
- ▶ Play innovative games maintaining physical distance.
- ▶ Learn how to fold arm over your mouth and nose before sneezing and coughing.
- ▶ Do not spit here and there.
- ▶ Flush the toilets adequately and wash your hand with soap once done.
- ▶ Maintain social distance in class room, laboratory, library, corridors and everywhere you go.

- ▶▶ Paint innovative posters, write poems, essays, slogans on awareness against COVID.
- ▶▶ On the way to and from school keep wearing mask. If you carry umbrella, keep your umbrella open and maintain social distance with all on the way.
- ▶▶ After reaching home wash uniform with detergent if you have another set. If that is not possible keep the uniform isolated for twelve hours and put it under direct sunlight next day.
- ▶▶ Remind your parents and guardians to wash your mask, gloves and cap in hot water and surely with soap and detergent.
- ▶▶ Do your assignments and worksheets on the no-school days.
- ▶▶ Listen to your teachers and guardians.
- ▶▶ Verbal assistance or gesture to peers who are not able to maintain social distancing and mask
- ▶▶ Avoid junk food and eating out. Eat healthy food prepared at home. Drink hot water/milk/soup at home.
- ▶▶ ***Last but not the least; remember you are the true fighter against this formidable threat called COVID 19. We must win the battle by all will power and continuous perseverance. We must not allow COVID 19 to compromise our daily academic progress and achieving excellence.***

